

Administrative Labour Tribunal (TAT)
Regional Offices Directory

When contacting the TAT via telephone or e-mail:

Reach out to the office closest to the location of your employer or place of work.

- Chicoutimi
 - Phone: **418-698-3703** (Press “9” to hear the automated voice recording for services in English)
 - E-mail: tat.chicoutimi@tat.gouv.qc.ca
- Drummondville
 - Phone: **819-475-8513** (Press “8” and then “2” to be helped in English)
 - E-mail: tat.drummondville@tat.gouv.qc.ca
- Gaspé
 - Phone: **418-360-8057** (No English automated voice recording available, press “0” to speak with a TAT representative directly)
 - E-mail: tat.gaspe@tat.gouv.qc.ca
- Gatineau
 - Phone: **819-772-3342** (Press “8” and then “2” to be helped in English)
 - E-mail: tat.gatineau@tat.gouv.qc.ca
- Joliette
 - Phone: **450-757-7956** (Press “8” and then “2” to be helped in English)
 - E-mail: tat.joliette@tat.gouv.qc.ca

- Laval
 - Phone: **450-680-6244** (Press “8” and then “2” to be helped in English)
 - E-mail: tat.laval@tat.gouv.qc.ca
- Lévis
 - Phone: **418-835-4442** (Press “8” and then “2” to be helped in English)
 - E-mail: tat.levis@tat.gouv.qc.ca
- Longueuil
 - Phone: **450-928-5047** (Press “8” and then “2” to be helped in English)
 - E-mail: tat.longueuil@tat.gouv.qc.ca
- Montreal – Occupational health and safety division
 - Phone: **514-873-7188** (Press “9” to hear the automated voice recording for services in English)
 - E-mail: tat.montreal@tat.gouv.qc.ca
- Montreal – other divisions
 - Phone: **514-864-3646** (Press “9” to hear the automated voice recording for services in English)
 - E-mail: tat.montreal.vprt@tat.gouv.qc.ca
- Quebec City – Occupational health and safety division
 - Phone: **418-644-7777** (Press “9” to hear the automated voice recording for services in English)
 - E-mail: tat.quebec@tat.gouv.qc.ca
- Quebec City – other divisions
 - Phone: **418-643-3208** (Press “9” to hear the automated voice recording for services in English)
 - E-mail: tat.quebec.vprt@tat.gouv.qc.ca

- Rimouski
 - Phone: **418-727-4276** (No English automated voice recording available, press “0” speak with a TAT representative directly)
 - E-mail: tat.rimouski@tat.gouv.qc.ca
- Rouyn-Noranda
 - Phone: **819-763-3330** (Press “8” and then “2” to be helped in English)
 - E-mail: tat.rouyn-noranda@tat.gouv.qc.ca
- Saint-Hyacinthe
 - Phone: **450-778-5670** (Press “8” and then “2” to be helped in English)
 - E-mail: tat.st-hyacinthe@tat.gouv.qc.ca
- Saint-Jean-sur-Richelieu
 - Phone: **450-349-6252** (Press “8” and then “2” to be helped in English)
 - E-mail: tat.st-jean-sur-richelieu@tat.gouv.qc.ca
- Saint-Jérôme
 - Phone: **450-569-7600** (Press “8” and then “2” to be helped in English)
 - E-mail: tat.st-jerome@tat.gouv.qc.ca
- Salaberry-de-Valleyfield
 - Phone: **450-370-6866** (Press “8” and then “2” to be helped in English)
 - E-mail: tat.salaberry-de-valleyfield@tat.gouv.qc.ca
- Sept-Îles
 - Phone: **418-964-8615** (No English automated voice recording available, press “0” speak with a TAT representative directly)
 - E-mail: tat.sept-iles@tat.gouv.qc.ca

- Sherbrooke
 - Phone: **819-820-3080** (Press “8” and then “2” to be helped in English)
 - E-mail: tat.sherbrooke@tat.gouv.qc.ca
- Trois-Rivières
 - Phone: **819-371-6058** (Press “8” and then “2” to be helped in English)
 - E-mail: tat.trois-rivieres@tat.gouv.qc.ca

To consult their original, French-language contact page, visit the [TAT website](#).